

<b>Common name:</b> Yellow Faced Parrotlet	<b>Scientific name:</b> Forpus xanthops	<b>Year first used:</b> 2011	<b>Diet last updated:</b> N/A	<b>Institution:</b> Rob Monk
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<b>Number of individuals diet fed to:</b> Six	<b>Have birds bred whilst on this diet?</b> Yes
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<b>Diet Ingredient</b>	<b>Amount per day (g)</b>	<b>Or standard measure</b>	<b>Preparation</b>
Frozen Sweetcorn		1 part	
Frozen Blueberries		1 part	
Overnight Soaked Sultanas		1 part	Sultanas drained and washed and added to other ingredients after thawing or dicing
Diced Apple/Pear		1 part	
Diced Carrot		1 part	
Peas		1 part	
Broccoli Heads chopped		1 part	
Cauliflower florets chopped		1 part	
Low Sunflower Parakeet		Fed ad lib	
Seed Mixture			
Aves Loidry Nectar Powder		1 level teaspoon	Sprinkled on the surface of the mixture per pair
Cuttlefish		Always available	

**Diet supplements used, frequency & amount:** 1 teaspoon of Breedmax added per 250g of diet mixture

**Feeding method:** Diet mixed well and fed in ceramic bowls (4 heaped table spoons of mix per pair) which are cleaned in a dishwasher daily.

**Dietary enrichment:** Willow or or fruit tree branches are given for environmental enrichment, possibly dietary enrichment.

**Articles or references used to formulate this diet:** Parrots in Aviculture Rosemary Low